




Acacia Creek Lifestyles Calendar

September 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
The Flower of the Month! 	<h3 style="margin: 0;">Spiritual – Intellectual – Physical – Social</h3>					
				1	2	3
9:00 AM Sit & Be Fit / MP 9:00 AM Dr. Shuttle SUC / L 10:00 AM Coffee Time / B 10:30 AM Current Events / PD 11:00 AM Lifestyles Planning Committee / MP 1:00 PM Neurobics / MP 1:30 PM Culinary Experience Com. (open to all residents) / PD 3:00 PM Memoir Writing / MP	9:00 AM Sit & Be Fit / MP 9:00 AM Dr. Shuttle SUC / L 10:00 AM Coffee Time / B 10:15 AM Women's Social Hour / TS 1:00 PM Afternoon Sit & Be Fit / G 1:30 PM Scrabble Tournament / MHA 4:00 PM Social Hour / LNG 7:00 PM Game Night / B	10:00 AM Coffee Time / B 2:00 PM Caravan Entertainment / MHA 3:00 PM Watercolor Art with Mary / AS				
4	5	6	7	8	9	10
9:00 AM Choir Practice / S 10:00 AM Worship Service / S 11:00 AM Coffee Time / B 1:30 PM Play Bridge / H	Labor Day 10:00 AM Coffee Time / B 10:15 AM Grocery Shopping SUC / L 2:00 PM Labor Day Celebration & Entertainment by Carl Tilchen! / L	9:00 AM Sit & Be Fit / MP 9:00 AM Dr. Shuttle SUC / L 9:00 AM Farmers Market / PC 10:00 AM Coffee Time / B 10:30 AM Bridge Lesson / H 11:00 AM Veteran's Benefits Pres. / MP 1:00 PM Piano Music with Nancy / L 2:00 PM Afternoon Sit & Be Fit / MP 3:00 PM Health & Healing through Exercise with Ziv / G	9:00 AM Sit & Be Fit / MP 10:00 AM Coffee Time / B 10:15 AM Women's Social Time / TS 10:15 AM Shopping at Michael's Craft Store / SUC 1:15 PM Balance / G 1:30 PM Water Aerobics / P 2:00 PM Afternoon Sit & Be Fit / G	9:00 AM Sit & Be Fit / MP 9:00 AM Dr. Shuttle SUC / L 10:00 AM Scavenger Hunt Starts/ MHA 10:00 AM Coffee Time / B 10:30 AM Current Events / PD 11:00 AM Lunch Bunch / L 1:00 PM Neurobics / MP 2:00 PM Scavenger Hunt Finish Line party! / MHA 3:00 PM Memoir Writing / MP	9:00 AM Sit & Be Fit / MP 10:00 AM Coffee Time / B 10:15 AM Women's Social Hour / TS 10:30 AM Lunch & visit to Japanese American Museum in Japantown SURB/ L 1:00 PM Afternoon Sit & Be Fit / G 2:00 PM Saddle Cats - ARE BACK!/ MHA 7:00 PM Game Night / B	10:00 AM Coffee Time / B 1:30 PM Bingo / MHA 2:30 PM Ice Cream Social / MHC Ice Cream Parlor 3:00 PM Watercolor Art with Mary / AS 7:15 PM Movie Night- Brief Encounter
11	12	13	14	15	16	17
9:00 AM Choir Practice / S 10:00 AM Worship Service / S 11:00 AM Coffee Time / B 11:45 AM What's Up Big Band @ Niles Town Plaza SURB / L 1:30 PM Play Bridge / H	8:00 AM Aerobics / G 9:00 AM Sit & Be Fit / MP 10:00 AM Coffee Time / B 10:15 AM Grocery Shopping SUC / L 1:30 PM Water Aerobics / P 1:30 PM Siminoff Daylight Lodge #850 / Stated Meeting / S 2:00 PM Afternoon Sit & Be Fit / G 3:00 PM Women's Social Time / TS 4:00 PM Mason's for Mitts (pre-paid event) / L	9:00 AM Sit & Be Fit / MP 9:00 AM Dr. Shuttle SUC / L 9:00 AM Farmers Market / PC 10:00 AM Coffee Time / B 10:30 AM Bridge Lesson / H 1:00 PM Piano Music with Nancy / L 2:00 PM Afternoon Sit & Be Fit / MP 3:00 PM Health & Healing through Exercise with Ziv / G	9:00 AM Sit & Be Fit / MP 10:00 AM Coffee Time / B 10:15 AM Women's Social Time / TS 10:15 AM Shopping at Newpark Mall / SUC 1:15 PM Balance / G 2:00 PM Resident Forum/Council Meeting / R	8:00 AM Aerobics / G 9:00 AM Sit & Be Fit / MP 9:00 AM Dr. Shuttle SUC / L 10:00 AM Coffee Time / B 10:30 AM Current Events / PD 1:00 PM Brain Games/Trivia/MP (open to all residents) / PD 3:00 PM Memoir Writing / MP 3:30 PM Blood Pressure Check / MP	9:00 AM Sit & Be Fit / MP 9:45 AM Santa Cruz Follies & Lunch (pre-paid event) / L 10:00 AM Coffee Time / B 10:15 AM Women's Social Hour / TS 1:00 PM Arts and Craftsman Show/ MHA 1:00 PM Afternoon Sit & Be Fit / G 4:00 PM Social Hour / LNG 7:00 PM Game Night / B	10:00 AM Arts and Craftsman Show/ MHA 10:00 AM Coffee Time / B 1:30 PM Bingo / MHA 2:30 PM Ice Cream Social / MHC Ice Cream Parlor 3:00 PM Watercolor Art with Mary / AS
18	19	20	21	22	23	24
9:00 AM Choir Practice / S 10:00 AM Worship Service / S 11:00 AM Coffee Time / B 1:30 PM Play Bridge / H 2:00 PM Entertainer William Florian! / L 7:15 PM The Art Theater-Opening Night at Carnegie Hall/ MP	8:00 AM Aerobics / G 9:00 AM Sit & Be Fit / MP 10:00 AM Coffee Time / B 10:15 AM Grocery Shopping SUC / L 1:30 PM Water Aerobics / P 2:00 PM Afternoon Sit & Be Fit / G 3:00 PM Women's Social Time / TS	9:00 AM Sit & Be Fit / MP 9:00 AM Dr. Shuttle SUC / L 9:00 AM Farmers Market / PC 10:00 AM Coffee Time / B 10:30 AM Bridge Lesson / H 1:00 PM Piano Music with Nancy / L 2:00 PM Afternoon Sit & Be Fit / MP 2:00 PM Line Dancing / G 3:00 PM Health & Healing through Exercise with Ziv / G	9:00 AM Sit & Be Fit / MP 10:00 AM Coffee Time / B 10:15 AM Women's Social Time / TS 10:15 AM Shopping at Target / SUC 1:15 PM Balance / G 1:30 PM Generator Test (FYI) 1:30 PM Water Aerobics / P 2:00 PM Afternoon Sit & Be Fit / G	8:00 AM Aerobics / G 9:00 AM Sit & Be Fit / MP 9:00 AM Dr. Shuttle SUC / L 10:00 AM Coffee Time / B 10:30 AM Current Events / PD 11:00 AM Lunch Bunch / L 1:00 PM Brain Games/Trivia/MP 2:00 PM Tomato Palooza & Music with John Olachea Trio! / MHA 3:00 PM Memoir Writing / MP	9:00 AM Sit & Be Fit / MP 10:00 AM Coffee Time / B 10:15 AM Women's Social Hour / TS 11:15 AM Annual Communication Weekend (SF) - Grand Lodge Opening Session SURB / L 1:00 PM Afternoon Sit & Be Fit / G 2:00 PM David Olechea Classical Pianist / MHA 7:00 PM Game Night / B	7:30 AM Grand Lodge Business Session (SF) SURB/ Departs 7:45 AM MH South Mall 8:00 AM Ladies Tea (SF) / L 10:00 AM Coffee Time / B 1:30 PM Bingo / MHA 2:30 PM Ice Cream Social / MHC Ice Cream Parlor 3:00 PM Watercolor Art with Mary / AS 5:00 PM Grand Master's Banquet (SF) / L 7:15 PM Movie Night- Dial M for Murder
25	26	27	28	29	30	
7:45 AM Public Ceremonies & Installation of Grand Lodge Officers (SF) / Open to everyone SURB/ L 9:00 AM Choir Practice / S 10:00 AM Quilting in the Garden in Livermore SURB / L 10:00 AM Worship Service / S 11:00 AM Coffee Time / B 1:30 PM Play Bridge / H	8:00 AM Aerobics / G 9:00 AM Sit & Be Fit / MP 10:00 AM Coffee Time / B 10:15 AM Grocery Shopping SUC / L 1:30 PM Water Aerobics / P 2:00 PM Afternoon Sit & Be Fit / G 3:00 PM Women's Social Time / TS	9:00 AM Sit & Be Fit / MP 9:00 AM Dr. Shuttle SUC / L 9:00 AM Farmers Market / PC 10:00 AM Coffee Time / B 10:30 AM Bridge Lesson / H 1:00 PM Piano Music with Nancy / L 2:00 PM Afternoon Sit & Be Fit / MP 3:00 PM Health & Healing through Exercise with Ziv / G 3:30 PM Welcoming Committee / PD	9:00 AM Sit & Be Fit / MP 10:00 AM Coffee Time / B 10:00 AM I.T. Discussion / B 10:15 AM Women's Social Time / TS 10:15 AM Shopping at Stoneridge / SUC 1:15 PM Balance / G 1:30 PM Water Aerobics / P 2:00 PM Afternoon Sit & Be Fit / G 4:00 PM Peer Support Group / H	8:00 AM Aerobics / G 9:00 AM Sit & Be Fit / MP 9:00 AM Dr. Shuttle SUC / L 10:00 AM Coffee Time / B 10:30 AM Current Events / PD 1:00 PM Brain Games/Trivia / MP 3:00 PM Memoir Writing / MP	9:00 AM Sit & Be Fit / MP 10:00 AM Coffee Time / B 10:15 AM Women's Social Hour / TS 1:00 PM Afternoon Sit & Be Fit / G 3:30 PM MPL Dr. Landry presents- Does where you live effect how you age? / R 4:00 PM Social Hour / LNG 7:00 PM Game Night / B	