



# Acacia Creek Lifestyles Calendar

## August 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Flower of the Month!</b> 	<b>1</b> <b>8:00 AM</b> Aerobics / G <b>9:00 AM</b> Sit & Be Fit / MP <b>10:00 AM</b> Grocery Shopping SUC / L <b>10:00 AM</b> Coffee Time / B <b>1:30 PM</b> Water Aerobics / P <b>1:30 PM</b> Woman's Forum Group / MH 2nd Adams Living RM <b>2:00 PM</b> Afternoon Sit & Be Fit / G <b>3:00 PM</b> Balance / G <b>3:00 PM</b> Women's Social Time / TS	<b>2</b> <b>9:00 AM</b> Dr. Shuttle SUC / L <b>9:00 AM</b> Sit & Be Fit / MP <b>10:00 AM</b> Coffee Time / B <b>10:30 AM</b> Bridge Lesson / H <b>1:00 PM</b> Piano Music with Nancy / L <b>2:00 PM</b> Afternoon Sit & Be Fit / MP <b>2:00 PM</b> Line Dancing / G <b>3:00 PM</b> Health & Healing through Exercise / G	<b>3</b> <b>8:00 AM</b> Reno Trip- Departs 8:00 AM / L <b>9:00 AM</b> Sit & Be Fit / MP <b>10:00 AM</b> Coffee Time / B <b>10:00 AM</b> Stoneridge Mall SUC / L <b>10:15 AM</b> Women's Social Hour / TS <b>1:30 PM</b> Water Aerobics / P <b>2:00 PM</b> Afternoon Sit & Be Fit / G <b>3:00 PM</b> Balance / G	<b>4</b> <b>8:00 AM</b> Aerobics / G <b>9:00 AM</b> Sit & Be Fit / MP <b>9:00 AM</b> Dr. Shuttle SUC / L <b>10:00 AM</b> Coffee Time / B <b>10:30 AM</b> Current Events / PD <b>1:00 PM</b> Neurobics- A MPL Program / MP <b>1:30 PM Culinary Experience Com. (Open to all residents) / PD</b> <b>2:00 PM Rec. Planning Meeting / MP</b> <b>3:00 PM</b> Memoir Writing / MP	<b>5</b> <b>9:00 AM</b> Sit & Be Fit / MP <b>10:00 AM</b> Scrabble Practice Sessions- Come learn how to play! / MH 2nd Adams Dining RM <b>10:00 AM</b> Coffee Time / B <b>10:15 AM</b> Women's Social Hour / TS <b>2:00 PM Jazzinators / MHA</b> <b>4:00 PM Social Hour- Not so Newlywed Game! / LNG</b> <b>7:00 PM</b> Game Night / B	<b>6</b> <b>10:00 AM Fremont Festival of the Arts SURB / L</b> <b>10:00 AM</b> Coffee Time / B <b>1:30 PM</b> Bingo / MHA <b>2:30 PM</b> Ice Cream Social / MHC Ice Cream Parlor <b>3:00 PM</b> Watercolor Art with Mary / AS
<b>7</b> <b>9:00 AM</b> Choir Practice / S <b>10:00 AM</b> Worship Service / S <b>11:00 AM</b> Coffee Time / B <b>12:45 PM The Sound of Music (pre-paid event) / L</b> <b>1:30 PM</b> Play Bridge / H	<b>8</b> <b>8:00 AM</b> Aerobics / G <b>9:00 AM</b> Sit & Be Fit / MP <b>10:00 AM</b> Coffee Time / B <b>10:00 AM</b> Grocery Shopping SUC / L <b>1:00 PM Acacia Creek Lecture Series/R</b> <b>1:30 PM</b> Water Aerobics / P <b>1:30 PM</b> Siminoff Daylight Lodge #850 / Stated Meeting / S <b>2:00 PM</b> Afternoon Sit & Be Fit / G <b>3:00 PM</b> Balance / G <b>3:00 PM</b> Women's Social Time / TS <b>4:30 PM</b> Siminoff Lodge Dinner / MHA	<b>9</b> <b>9:00 AM</b> Sit & Be Fit / MP <b>9:00 AM</b> Dr. Shuttle SUC / L <b>9:30 AM Farmers Market / PC</b> <b>10:00 AM</b> Coffee Time / B <b>10:30 AM</b> Bridge Lesson / H <b>1:00 PM</b> Piano Music with Nancy / L <b>2:00 PM</b> Afternoon Sit & Be Fit / MP <b>3:00 PM</b> Health & Healing through Exercise / G	<b>10</b> <b>9:00 AM</b> Sit & Be Fit / MP <b>10:00 AM</b> Coffee Time / B <b>10:00 AM</b> Newpark Mall SUC / L <b>10:15 AM</b> Women's Social Hour / TS <b>1:00 PM</b> Balance / G <b>2:00 PM Resident Forum/ Council meeting / R</b>	<b>11</b> <b>8:00 AM</b> Aerobics / G <b>9:00 AM</b> Sit & Be Fit / MP <b>9:00 AM</b> Dr. Shuttle SUC / L <b>10:00 AM</b> Coffee Time / B <b>10:30 AM</b> Current Events / PD <b>11:00 AM</b> Lunch Bunch (Resident Run) / L <b>1:00 PM</b> Neurobics- A MPL Program / MP <b>2:00 PM Rhonda Kenny is here to entertain us! / MHA</b> <b>3:00 PM</b> Memoir Writing / MP	<b>12</b> <b>9:00 AM</b> Sit & Be Fit / MP <b>10:00 AM</b> Coffee Time / B <b>10:00 AM</b> Women's Social Hour / TS <b>10:15 AM</b> Scrabble Practice Sessions- Come learn how to play! / MH 2nd Adams Dining RM <b>2:00 PM Showing of Dr. Vella's Part 2 of the Brain Talk - Dementia / MP</b> <b>7:00 PM</b> Game Night / B	<b>13</b> <b>10:00 AM</b> Coffee Time / B <b>1:30 PM</b> Bingo / MHA <b>2:30 PM</b> Ice Cream Social / MHC Ice Cream Parlor <b>3:00 PM</b> Watercolor Art with Mary / AS <b>7:15 PM</b> Movie Night- Doctor Zhivago / MP
<i>Spiritual – Intellectual – Physical - Social</i>						
<b>14</b> <b>9:00 AM</b> Choir Practice / S <b>10:00 AM</b> Worship Service / S <b>11:00 AM</b> Coffee Time / B <b>1:30 PM</b> Play Bridge / H	<b>15</b> <b>8:00 AM</b> Aerobics / G <b>9:00 AM</b> Sit & Be Fit / MP <b>10:00 AM</b> Coffee Time / B <b>10:00 AM</b> Grocery Shopping SUC / L <b>1:30 PM</b> Water Aerobics / P <b>1:30 PM</b> Woman's Forum Group / MH 2nd Adams Living RM <b>2:00 PM</b> Afternoon Sit & Be Fit / G <b>3:00 PM</b> Spiritual Journaling / MH 2nd Adams Living RM <b>3:00 PM</b> Women's Social Time / TS <b>3:00 PM</b> Balance / G	<b>16</b> <b>9:00 AM</b> Sit & Be Fit / MP <b>9:00 AM</b> Dr. Shuttle SUC / L <b>9:30 AM Farmers Market / PC</b> <b>10:00 AM</b> Coffee Time / B <b>10:30 AM</b> Bridge Lesson / H <b>1:00 PM</b> Piano Music with Nancy / L <b>2:00 PM</b> Afternoon Sit & Be Fit / MP <b>2:00 PM</b> Line Dancing / G <b>3:00 PM</b> Health & Healing through Exercise / G	<b>17</b> <b>9:00 AM</b> Sit & Be Fit / MP <b>10:00 AM</b> Coffee Time / B <b>10:00 AM</b> Wal-Mart SUC / L <b>10:15 AM</b> Women's Social Hour / TS <b>10:30 AM A's Baseball Game (pre-paid event) / L</b> <b>1:30 PM</b> Water Aerobics / P <b>2:00 PM</b> Afternoon Sit & Be Fit / G <b>3:00 PM</b> Balance / G	<b>18</b> <b>8:00 AM</b> Aerobics / G <b>9:00 AM</b> Sit & Be Fit / MP <b>9:00 AM</b> Dr. Shuttle SUC / L <b>10:00 AM</b> Coffee Time / B <b>10:30 AM</b> Current Events / PD <b>1:00 PM</b> Neurobics- A MPL Program / MP <b>2:00 PM</b> Drum Circle: Express the Rhythm of Your Spirit! / MHA <b>2:00 PM Food with John Marshall (open to all residents) / PD</b> <b>3:00 PM</b> Memoir Writing / MP <b>3:30 PM Blood Pressure Check/ MP</b>	<b>19</b> <b>9:00 AM</b> Sit & Be Fit / MP <b>10:00 AM</b> Coffee Time / B <b>10:00 AM</b> Scrabble Practice Sessions- Come learn how to play! / MH 2nd Adams Dining RM <b>10:15 AM</b> Women's Social Hour / TS <b>11:00 AM Out-to-Lunch at Market Broiler in Fremont SURB / L</b> <b>4:00 PM Social Hour/ LNG</b> <b>7:00 PM</b> Game Night / B	<b>20</b> <b>10:00 AM Jam and Jelly - with the Black &amp; White Theme - Come dressed in Black &amp; White, or as your favorite movie character / MHA</b> <b>10:00 AM</b> Coffee Time / B <b>3:00 PM</b> Watercolor Art with Mary / AS
<b>21</b> <b>9:00 AM</b> Choir Practice / S <b>10:00 AM</b> Worship Service / S <b>11:00 AM</b> Coffee Time / B <b>1:30 PM</b> Play Bridge / H <b>2:00 PM</b> Chaplin Joel's Bible Quiz / 2nd Adams Living RM	<b>22</b> <b>8:00 AM</b> Aerobics / G <b>9:00 AM</b> Sit & Be Fit / MP <b>10:00 AM</b> Coffee Time / B <b>10:00 AM</b> Grocery Shopping SUC / L <b>1:30 PM</b> Water Aerobics / P <b>2:00 PM</b> Afternoon Sit & Be Fit / G <b>3:00 PM</b> Balance / G <b>3:00 PM</b> Women's Social Time / TS	<b>23</b> <b>9:00 AM</b> Sit & Be Fit / MP <b>9:00 AM</b> Dr. Shuttle SUC / L <b>9:30 AM Farmers Market / PC</b> <b>10:00 AM</b> Coffee Time / B <b>10:30 AM</b> Bridge Lesson / H <b>1:00 PM</b> Piano Music with Nancy / L <b>2:00 PM</b> Afternoon Sit & Be Fit / MP <b>3:00 PM</b> Health & Healing through Exercise / G <b>3:30 PM Welcoming Committee / PD</b>	<b>24</b> <b>9:00 AM</b> Sit & Be Fit / MP <b>10:00 AM</b> Coffee Time / B <b>10:00 AM</b> Southland Mall SUC / L <b>10:15 AM</b> Women's Social Hour / TS <b>1:30 PM</b> Water Aerobics / P <b>2:00 PM</b> Afternoon Sit & Be Fit / G <b>3:00 PM</b> Balance / G	<b>25</b> <b>8:00 AM</b> Aerobics / G <b>9:00 AM</b> Sit & Be Fit / MP <b>9:00 AM</b> Dr. Shuttle SUC / L <b>10:00 AM</b> Coffee Time / B <b>10:30 AM</b> Current Events / PD <b>11:00 AM</b> Lunch Bunch (Resident Run) / L <b>1:00 PM</b> Neurobics- A MPL Program / MP <b>1:30 PM Ice Cream Social &amp; Entertainment by Steven Gary</b> <b>3:00 PM</b> Memoir Writing / MP	<b>26</b> <b>9:00 AM</b> Sit & Be Fit / MP <b>10:00 AM</b> Coffee Time / B <b>10:15 AM</b> Women's Social Hour / TS <b>10:00 AM</b> Scrabble Practice Sessions- Come learn how to play! / MH 2nd Adams Dining RM <b>10:15 AM Campo De Bocce in Livermore- Come play bocce and have lunch! SURB / L</b> <b>3:00 PM Wine Tasting Extravaganza with Entertainment-MPL Event / G</b> <b>7:00 PM</b> Game Night / B	<b>27</b> <b>10:00 AM</b> Coffee Time / B <b>1:30 PM</b> Bingo / MHA <b>2:30 PM</b> Ice Cream Social / MHC Ice Cream Parlor <b>3:00 PM</b> Watercolor Art with Mary / AS <b>7:15 PM</b> Movie Night-Casablanca / MP
<b>28</b> <b>9:00 AM</b> Choir Practice / S <b>10:00 AM</b> Worship Service / S <b>11:00 AM</b> Coffee Time / B <b>1:30 PM</b> Play Bridge / H	<b>29</b> <b>8:00 AM</b> Aerobics / G <b>9:00 AM</b> Sit & Be Fit / MP <b>10:00 AM</b> Coffee Time / B <b>10:00 AM</b> Grocery Shopping SUC / L <b>1:30 PM</b> Water Aerobics / P <b>2:00 PM</b> Afternoon Sit & Be Fit / G <b>3:00 PM</b> Balance / G <b>3:00 PM</b> Women's Social Time / TS	<b>30</b> <b>9:00 AM</b> Sit & Be Fit / MP <b>9:00 AM</b> Dr. Shuttle SUC / L <b>9:30 AM Farmers Market / PC</b> <b>10:00 AM</b> Coffee Time / B <b>10:30 AM</b> Bridge Lesson / H <b>1:00 PM</b> Piano Music with Nancy / L <b>2:00 PM</b> Afternoon Sit & Be Fit / MP <b>3:00 PM</b> Health & Healing through Exercise / G	<b>31</b> <b>9:00 AM</b> Sit & Be Fit / MP <b>10:00 AM</b> Coffee Time / B <b>10:00 AM</b> Target SUC / L <b>10:00 AM</b> I.T. Discussion with Will / B <b>10:15 AM</b> Women's Social Hour / TS <b>1:30 PM</b> Water Aerobics / P <b>2:00 PM</b> Afternoon Sit & Be Fit / G <b>3:00 PM</b> Balance / G	<b>1</b> <b>AS =</b> Art Studio <b>B =</b> Billiard RM <b>G =</b> Gym <b>H =</b> Hospitality Suite (4 <sup>th</sup> Floor RM 1437) <b>LIB =</b> Library <b>L =</b> Lobby <b>MHA =</b> MH Auditorium <b>P =</b> Pool <b>PC =</b> Porte -cochere	<b>2</b> <b>MP =</b> Multi Purpose RM <b>PD =</b> Private Dining RM <b>R =</b> Acacia Restaurant <b>SURB =</b> Signup in Recreation Binder <b>SUC =</b> Signup in Recreation Binder <b>TS =</b> The Studio (RM 1100) <b>S =</b> Siminoff <b>LNG =</b> Lounge (5 <sup>th</sup> Floor)	<b>3</b> 

